



PICBA – Problem Solving Worksheet

APSS CC 1 – Problem Solving

PROBLEM

What is the current situation, and what is the current situation keeping me from doing what I would like to do?

IMPACT

How am I negatively impacting the situation or helping to create the problem?

COST/BENEFITS

If the problem is not resolved, what is the cost in the short term? What's going to happen in the long term?
If the problem is resolved, what are the short-term benefits? What would be some of the long-term benefits?



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BRAINSTORM/BIG ACTIONS

What are 5-7 possible ways to solve this problem? Discuss the individual pros and cons of each of the solutions.

1.

2.

3.

4.

5.

6.

7.

ACTIONS/SMALL STEPS

Select the 1-2 best solutions from the above list. What actions do you need to take to begin working on the solution? Discuss with the individual a possible timeline for when these steps will be taken.

1.

2.

3.

4.

5.